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THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact
with The Great White Brotherhood and Cooperative World Service

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THE BRIDGE TO FREEDOM

A Monthly Journal

Vol. IX October 15, 1960 No. 7

TEMPLE OF WISDOM AND ILLUMINED PEACE

(Blue Lotus Retreat)

In Tibet, Himalaya Mountains, Asia
(The Ascended Master Retreat of the Month)

October 15th through November 14th, 1960

Hierarchy: Lord Himalaya; Color of Flame: Gold; Musical Keynote: "Love's Old Sweet Song", Molloy.

BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF OCTOBER 15TH, 1960

1	2	3	4	5	6	7	8
"I AM" inbreathing	Himalaya's feeling-of Peace	Wisdom and-Love	Divine				
"I AM" absorbing	Himalaya's feeling-of Peace	Wisdom and-Love	Divine				
"I AM" expanding	Himalaya's feeling-of Peace	Wisdom and-Love	Divine				
"I AM" projecting	Himalaya's feeling-of Peace	Wisdom and-Love	Divine				

REFERENCES FOR SANCTUARY DIRECTORS AND STUDENTS

Description of the Temple of Wisdom and Peace: See "The Bridge Journal": Vol. I No. 2; Vol. II No. 12; Vol. IV No. 11; Vol. VIII No. 2.

Addresses by Lord Himalaya: See "The Bridge Journal": Vol. VII No. 10; Vol. VIII No. 2.

Addresses by Beloved Kuthumi: See "The Bridge Journal": Vol. II Nos. 5 (two); Vol. III N. 8; Vol. IV No. 7; Vol. V Nos. 2 and 4; Vol. IX Nos. 3 and 4.

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October 15, 1960

THE BRIDGE

147

BE A CONDUCTOR OF PEACE!

Letter from The Maha Chohan to the Transmission
of the Flame Class of October 15th, 1960.

Beloved Ones seeking Permanent Peace for
yourselves and the planet Earth:

Welcome into the Presence of The Beloved God of the Himalayan Range! Prepare yourself to look upon the Blue Lotus, and make your personal wish for a better Planet and Its teeming billions of peoples, as well as all imprisoned life in through and around It.

Your Sponsors for this month are Gentleman, all empowered with Lord Himalaya's Strength and Power of Permanent Peace. Come often, away from the turmoil of your personal worlds into that beautiful Serene Presence of Himalaya. Absorb There His FEELING of Peace and be a conductor of that Peace when your Sponsor returns you safely to your physical vehicles at your request. "I AM" so delighted that the Cosmic Law (proven by your use of projected consciousness to these Retreats) allows you this Freedom, for many a weary traveler, earnest and sincere, who had (under the old dispensation) to find the Ascended Masters Foci perished in their search. For you, it is but the turning of your consciousness towards Us and -lo- you are there.

Love and Blessings

The Maha Chohan

Explanatory Note

The unique picture of the Himalaya Mountains which appears on the opposite page contains nearly a score of Figures (Divine), several of which are easily visible, and other smaller ones can be discerned by the use of a magnifying glass. These, of course, are the materialized Thought-forms of Divine Beings Who sought and received in the Himalaya Mountains ILLUMINATION AND PEACE.

The human figures represent the earnest chelas endeavoring to climb the Mount of Attainment.



THE HIMALAYA MOUNTAINS

BELOVED HIMALAYA HAS SAID:

TO make yourself a Cosmic Center of Love is to draw from the Heart of The Great Eternal Father, from the Heart of the Lord Gautama, Myself, The Princely Jesus or the Lady Mary, the substance which begins to enter the inner bodies and the consciousness, and there to generate deep below the surface the Divine Vibration of Love.

When one loves enough; all the supply, all the good of the Universe rushes toward the source of that Love for benediction and bathes in its essence as happy children bathe in a fountain on a hot summer day. When one loves enough, both animate and inanimate life draws toward the heart center of that Love because such is the Kingdom of Heaven; and from the plant, the mineral, the vegetable, the animal and the human kingdoms the heart cry is for the re-establishment of the soul and spirit in that Kingdom from whence all have strayed.

Seeing your endeavors to establish and sustain a focus of the Ascended Masters in the Western World, I say to you -if you were to fill your buildings from the foundation beneath the surface of the ground to the topmost spar with the substance of Love (which is the natural Pink Flame generated and drawn forth from the Three-fold Flame in the Heart even as you draw water from a well), you would draw to yourselves both students and children that would tax the capacity of your present equipment and facilities and you would experience opulence of every kind and every form.

True Love is not a sentiment -it is not spasmodic but constant and can transform your activity into a Mountain of Pink Flame ⁽¹⁾ as high as Mount Everest.

⁽¹⁾ The Golden Flame corresponds to the Theosophical Society, the Blue Flame to the "I AM" Movement and the Pink Flame to the Bridge to Freedom Activity.—Maha Chohan, Nov. 8, 1953.

HOW AN ELEMENTAL VISITED THE HALLS OF KARMA

Address by beloved Ascended Master EL MORYA at the
Bridge Activity 1960 Summer Conference
Harrisburg, Pa. July 1, 1960

BLESSED and beloved friends of Light and Life Eternal, I greet you again on this God harmonious Day (July 1, 1960). I bring to you the Light of Heaven -the Light Which is the Light of the entire planetary system- that Light from Whence you came into individualization upon the Earth and into Which you shall, one day, when you have completed your service upon the Sweet Earth, return Home.

You shall enter into Our Presence, into Our Hearts, abide within those mansions of Eternal Beauty, Which have been created by the constructive use of your own life, utilized throughout aeons of time, through periods of crises, as well as in periods of temporary calm, to assist the Earth and Her attendant evolutions, as well as the guests from other planets who have used the Earth as a planetary Home, some of whom have just cluttered up the atmosphere of Earth with their own effluvia, creating unnecessarily, psychic substance which has formed the maya of human creation, and closed the inner consciousness from communion with the Divine.

Thus, through a special Dispensation granted to Me by Helios and Vesta, have I been enabled to re-create a Bridge from Divinity's Realm into the human octave. Over THAT BRIDGE have come many Divine Beings to speak to you and to pour Their radiation to you, and, from the human octave, one day, every member of the human, elemental and Angelic race, temporarily

emmeshed in imperfection, will walk in dignity to Our Father's Home! Then all shall wear the Ascended Master Serapis Bey's Garments of crystalline substance and hear, as the Beloved Ascended Master Jesus did, as I did, and as all Others Who have made the Ascension the glorious words 'Well done, thou good and faithful servant'. In fact, no member of the three kingdoms (Angelic, human nor elemental) shall ever be allowed to embody upon the Sweet Earth again. I received from the Karmic Board a dispensation to that effect.

The glorious Manu of the Seventh Root-Race, Saithrhu, and the first Sub-race of that glorious Root Race, are going to be given opportunity IMMEDIATELY to people the Earth. Some have already passed through the Sacred Temple of the Lady Master Mary in May of 1960, and, are now preparing for embodiment upon the Earth.

In the Name of all that is Divine and Just, why should the Earth, so long a school room not only for Her own evolutions but for the laggards from other Stars, be cluttered up by the same lifestreams who have been given opportunity through aeons of time, to learn the same exact lesson -control of the use of God's energy in thought, feeling, spoken word and action, when there has been already created for them a beautiful new planetary school room, where they can take their own sweet time in learning this lesson?

This new school room (Star) is as shining and beautiful as the Earth Herself was when She was designed by Helios and Vesta and created by the Seven Elohim for approximately three and one half billion lifestreams (note: there are about 10 billion lifestreams, not counting the imprisoned Angels and elementals, presently using the Earth as such a school room). The Ascended Master Saint Germain SHALL BE ALLOWED the fullness of Freedom on this Earth, which can be more quickly brought about by the infusion of the first Sub-race of the Seventh Root Race, at this TIME. Even Lady Portia, Spokeswoman for the Karmic Board has admitted that this is Divine Justice to all concerned.

For those who are willing to accelerate the consciousness of their four vehicles and to keep them accelerated so that they are not only willing but able to HOLD, in this physical appearance world THAT BRIDGE created by Our Love to you and your love to Us, you are welcome to remain upon the Earth and complete your life-span in Victory, as the Gods and Goddesses which you are (in embryo) Now to manifest in FORM!

Others flit about, hither and yon, building little bamboo bridges over imaginary streams. I tell you truly, that THE BRIDGE TO FREEDOM Which can hold the weight of the ten billion lifestreams, aforementioned, as well as innumerable imprisoned Angels and elementals who shall require its assistance to return Home is builded of sterner material. It is built with the Love of Our Hearts and the tenacity, discrimination, illumined faith, love for God and their fellow man, purity of motive, consecration to the service of The Great White Brotherhood, sustained God-Peace, and the power, already vested in you, to invoke the assistance of Any Divine Being to help you, and all in distress, of My loyal unascended chelas here on Earth. You are not only WELCOME to remain upon the Earth, but I urge you to do so, until the great illumined Ones come IN PERSON to give this assistance.

You are holding, by your illumined faith, a Bridge of Living Light made up of your combined, purified and consecrated Life.

The Halla of Karma, wherein the Karmic Board holds audience, have always AN OPEN DOOR through which may pass any intelligence endeavoring to serve the Earth and Her evolutions. Enter therein! Utilize your God-directed intelligence! Become, once again, a part of the re-creation of a beautiful Planet (Earth) for yourselves and all succeeding evolutions which shall use it. I so command it done, now, by My chelas.

The doors of the Hall of Karma are open wide to any one who comes in love. I have seen an elemental no larger than the tip of this pen who has desired within himself or herself

mercy for the elemental Kingdom. That elemental was carried to the Hall of Karma by a mighty Seraphim.

But whose light opens the door? Oh, the Seraphim's Light could open the door oh, but no, in love He must allow the free-will of the elemental who is so brave as to represent his species to open that door. Then the elemental sitting there, not quite so brave as when he first got the idea you know, and thinks maybe he had better go back, but he looks down and the Seraphim looks pretty strong and he is right in the palm of Her hand and he says to himself "but suppose I go back and tell the other folks that the idea we cooked up at home wasn't so good -I'd get it back there and if I go inside I don't know how I am going to speak to these Beings".

So he looked up very pathetically and the Seraphim saw the dew drop tears come down from the little ones eyes -"help- help me" and the Seraphim just quietly pats him or her -soothes those little feelings and says "now you release your light, it will be enough". So the elemental gets his little spine all erect again, looks up at the great big door and thinks of the Beings that have been depicted as so austere and sends out a tiny little flicker -he pushes the door and he bounces back- (it seems funny -but it happens to be true) and then this little light-weight bounces back on the door again and the door doesn't even move, and then he wishes he had not come at all. And the Seraphim stays with him. Lo and behold in time through the light and love and patience of the Seraphim and of course with the great mercy of the Karmic Board, he sees that door open a couple of inches, and he quickly jumps in for he thinks it is one of those 'electric eye' deals that it is going to close and of course it does.

Then he steps inside and now he doesn't even have the Seraphim and he is all alone in this big long court yard, and he walks along on those tiny little feet and it sounds so loud to him for there is no one there at all, and he hears his footsteps and he is thinking out his project. He thinks and thinks and walks slower and he thinks this was not such a good idea. I don't know what those outer beings, belonging to my species, meant-

that they should have taken the blight, they should have taken the drought, they should have taken the manure, they should have taken it. Why did they send me up here. So by this time he is at the door that is open then he looks around and the door is closed behind him so he bows before Beloved Portia-and those great Beings are so loving but they keep an impassionate expression on Their faces and many a time they smile behind the palms of Their great hands. Then gaining strength through Their love, that tiny little one looks up. "On behalf of the Nature Kingdom we implore assistance through the directors of Nature to remove blight, drought and all impurities from our particular species."

Then from a great height comes the voice from the Mighty One which has the tendency to shrivel the tiny one, "AND WHY JUST YOUR SPECIES"? "Well we hadn't considered any but our own". "BELOVED IT HAS TAKEN STRENGTH IN THE EXTREME FOR YOU TO COME, WE SAW THAT STRENGTH EXHIBITED AS YOU SO BRAVELY CAME AND YOU ASKED THE SERAPHIC GUARD TO ALLOW YOU TO ENTER THE HALLS OF KARMA TO APPEAR BEFORE US, WE SAW THE STRENGTH AND BEAUTY OF YOUR NATURE WAS MAGNIFICENT WITH WHICH YOU APPROACHED US, BUT MAY WE POINT OUT TO YOU THAT IT WOULD BE NICE AND KINDLY FOR YOU, ALTHOUGH WE GIVE YOU THIS GRANT IN LOVE, THAT WHEN YOU SEND ANOTHER REPRESENTATIVE TO US THAT YOU SHALL NOT RETURN WITHOUT REMEMBERING ALL THE SPECIES AND NOT JUST YOUR OWN". Well there was a quick retreat upon the departure of the strong little elemental.

A word to the wise is sufficient. YOU BE THERE July 3rd and God knows I will be with you. So let us remember you have been prompted -I hope you shall not disappoint me. The doors will be open, you will not have to go through what that little fellow did. The doors will be open wide and so will many thousands of ears, not only mine, for I very well know what

you have in your petitions already, some of them -God help them- you have three days to prepare. But there will be others there way up through Amazon, Helios and Vesta to Alpha and Omega. They will say, I know for I have been at these half-yearly conferences, "What have these been talking about -the Bridge builders in the realms of the human octave"- "By God", They will say "look at the light of My bridge builders", By God - They will say -I love you- and now I turn My humble place over to the Mighty Sponsors of this Class to one of the Creators of this planet earth, Mighty Amazon.



COURTESY IS A PART OF HEAVEN'S LAW

Address by Beloved Mighty ELOHIM HERCULES at
The Bridge Activity 1960 Summer Conference.

Harrisburg, Pa.

July 1, 1960

BELOVED AMAZON SPEAKS:

Oh, to come together with the Beloved Hercules this morning in the Name and by the Power and in the full Authority of Almighty God into the atmosphere of the emotional, etheric, mental and physical world and CHARGE AND CHARGE the full power of Illumined Faith, which is Ours to give, through this class. We take Our establishment in you and sustain that radiation through you, throughout the entire student body and the Earth. BELOVED, BELOVED, BELOVED, know you that We are real!

It is a joy to join Beloved El Morya, and My Beloved Hercules (Sponsor for this class) with you, dear chelas, this morning. The

Flame of Illumined Faith Which is Ours is anchored within the Three-fold Flame within your dear hearts, and forms also a powerful Ray of the Band of the Seven Elohim upon your foreheads.

Both Beloved Hercules and Myself are serving (sometimes as ONE BEING, oft-times as Two to charge the Cosmic Protection of illumined Faith into the emotional, mental, etheric and physical consciousness of all mankind. That Illumined Faith contains within Itself all of the Seven Virtues of the Seven Directors (Chohans) of the Seven Rays, Who pour to you constantly Their Virtue, Radiation and Blessing.

We shall, as an integral part of the centripetal power which holds this Earth in Her orbit and your vehicles upon Her Surface, LOVE ALL IMPRISONED LIFE FREE! To My Beloved Hercules, I send the gratitude of One Who has learned to be a part of His Being and to FEEL WHAT IT IS TO BE OF HERCULEAN ASSISTANCE to Him in His Service to this Earth and Her Evolutions.

BELOVED ELOHIM HERCULES SPEAKS:

HAIL! Beloved and precious ones living upon the surface of the Earth today. You seem to enjoy the comfort of reclining as all Our Divine Company has entered. This is peculiar to Me in the extreme, but perhaps it is your custom. Now, in the Name of God and Divinity, ARISE FOR ONE MOMENT in honor of the Director of the First Ray, Our Friend, El Morya, and for My Divine Complement, Holy Amazon. Respect and dignity comes with understanding, and acceptance that you are in the Presence of Divine Beings, not human beings. Thank you, Now please be seated.

Courtesy is a part of Heaven's Law and courtesy should be a part of your beings as well, beloved ones, if you desire Our Presence and Our Assistance!

I, Myself, would not sit when El Morya entered My Presence any more than I would sit in the Presence of Alpha and Omega.

unless commanded so to do! You learn and act in like manner NOW! You have been given a vertical spinal column so that you can stand erect on the proper occasions and give in dignity REVERENCE-SILENT OR AUDIBLE as conditions warrant that reverence to the Divine Messengers from ON HIGH. Many who have lost, and are now regaining, the use of an erect spine, forfeited this privilege in ages past because they took for granted the Visitation of the Divine Ones... a word to the wise is sufficient!

It is only through the mercy of God, Mighty Polaris and Magnus, Beloved El Morya and Those of Us Who desire to serve the Earth, that these little ones are regaining back an erect spine and never let yourselves forget it for a moment! You can stand for the Star Spangled Banner; you can stand for a bargain in the store; you can stand in a queue for a particular feature that you enjoy in your world of amusement! Now I say, SONS AND DAUGHTERS OF HERCULES, as you stand FOR THE LIGHT, you will acquire the capacity to be alert enough and courteous enough to stand silently, for a moment at least, as each Divine Being comes forth.

Now do not let that dissuade you—you see you are at a disadvantage because I can see your feelings and your thoughts and I will not allow that to dissuade you from coming to that Teton Meeting and presenting your petitions in person on your own two feet, through your own Holy Christ Flame, in dignity. Polish them up a bit though, you have rough diamonds there but diamonds they are and there is no backing down. Everyone shall be present because Hercules is going to be at the door, and I have a surprise for you! I AM GOING TO BE IN YOUR ROOM together with My Beloved Amazon from now through the 4th of July, twenty-four hours a day, so you are going to have company.

Remember if you are not in your room, We have the "All Seeing Eye", we'll be around! Remember when you set a table, leave at least ONE PLACE empty! As Morya says, "Don't clutter

it up because We can't stand parcels on Our lap", but this is the truth! Can you accept it now? COME ON, "I consciously accept it now". WHERE ARE YOU? (Students all say) I CONSCIOUSLY ACCEPT THIS DONE RIGHT NOW WITH FULL POWER, ETERNALLY SUSTAINED, ALL POWERFULLY ACTIVE, EVER EXPANDING AND WORLD ENCOMPASSING UNTIL ALL ARE WHOLLY ASCENDED AND FREE, BELOVED "I AM", BELOVED "I AM", BELOVED "I AM"!

Thank you dear hearts, that is what I mean by alertness—catch it—you see. Catch that energy while it is going on! Now be seated, beloved hearts of Mine. I guess I frightened you and I don't want to be a frightening person. Honestly, I am really a kindly soul and I have a lot of energy as all of Us do on the First Ray, but I want that alertness, I want that elasticity, I want that, shall I say lubrication emotionally, mentally, etherically and physically that removes the static from your four lower vehicles and enables you to ACT!

In the old days you waited for the other fellow to stand up. If he didn't stand up you thought, 'Oh, I'll look silly', well that's a nice point I'd like to give honor but you look down the row and everybody is glued to the chair, so you say, 'Well I'll stand up in consciousness'. By God, at the Teton Meeting you'll stand up in person! I mean it. What did they say in the old hymn, 'Stand Up For Jesus'—how many are? Think on it and act on it dear loves.

So you have had your Guest, I have paid My Own way, so has My Wife! All We ask in that We have a chair that is not cluttered and a BLUE LIGHT somewhere. Not too much to ask and We're tax exempt! Isn't it wonderful, even the State Law can't put Us on your board bill! When you go into the restaurant, beloved ones, use common sense—God sense—because invariably the waiters are going to remove the chair—I know! I have sat on more chairs that weren't there than any one except El Morya! So use good common sense and just say, "We are ex-

pecting a guest". Just have the chair there with a glass. That is all that is required and then if the waiter insists upon removing it, be persistent. "We are expecting a guest"—YOU ARE! I'M THERE and if it gets too difficult, I'll take care of it. But DON'T SAY, "The Elohim Hercules and Amazon are sitting at my table" PLEASE, please for your own sake, not for mine!

El Morya expects great things of you! The Karmic Board expects great manifestations through you at this Conference! The Earth Herself, straightening upon Her Axis, expects your assistance to lighten the burden of human effluvia, transmuting it by Violet Flame. You might just as well learn this lesson right here and now so that you do not have to be carried upon a litter before the Karmic Board. Let not My words dissuade you from action! You shall be present at the Teton Meeting (July 3rd, 1960) and you shall present your petitions, in person, standing in dignity upon your own two feet. I, Myself Shall HOLD THE DOORS TO THE KARMIC HALLS OPEN. I do not desire to frighten you but POSITIVE, CONTROLLED ENERGY IS REQUIRED TO CLEAR AWAY THE GROOVES IN YOUR FOUR LOWER VEHICLES. THAT ENERGY IS MY LOVE FOR DIVINITY ANCHORED WITHIN YOUR BEATING HEARTS. Be happy, beloved, and expect Holy Amazon and Myself as your Guests during this class and then you return, each one, in safety, to your orbits!

That, as in all things, oh so many things We could do and so many secrets We could share if We were sure that you were discriminate enough. You have the Beloved Maha Chohan tomorrow to tell you how you make out. He'll tell you, not perhaps with such vigor as El Morya and Beloved Amazon or Myself. He speaks right from the heart and He will tell you - BE HAPPY - happy - happy - with Amazon and Hercules by your side.

Good morning, Beloved from Heaven.

A SUCCESSFUL EXPERIMENT IN PROJECTION OF CONSCIOUSNESS

Address by the beloved MAHA CHOCHAN at the Bridge

Activity 1960 Summer Conference

Harrisburg, Pa.

July 2, 1960

BELOVED friends, you have been and are a Comforting Presence to Me. (audience rises) Please be seated. The Activity of Cosmic Christ Comfort, which "I AM" and which is My privilege to release to all the peoples of Earth and to all living things, in, through and around It, has given Me a great scope of understanding of the requirement for Comfort from the tiniest elemental (such as the one the Beloved El Morya spoke of yesterday) as well as to each of the Sons and Daughters of God, whether they are in embodiment, in the sleepers Realm, or awaiting safe convoy to the New Star, prepared in Love Divine, by the Elohim, for the recalcitrant members of the human race who desire to accelerate their vehicles more slowly.

Thus Beloved Saithrhu, The Manu of the Seventh Root Race shall bring forth more quickly the first Sub-race of His great Seventh Root Race upon the Planet Earth. My Comfort Flame flows forth to this newly created Star and into all who choose a more leisurely process of evolution.

That Comfort, drawn forth from God Almighty by Myself and My Predecessors, is yours now, to utilize in making your own worlds more comfortable and in setting all imprisoned life Free! I builded into My Causal Body that Cosmic Christ Comfort by learning to feel and understand all life, imprisoned, as well as God-Free. To have become such an Understanding Individual is requisite for the Position Which I presently Occupy as the Over-Lord of the Seven Chohans, One of Whom is the Beloved Lady Master Nada. I must understand fully the motive behind the activities of each of the Directors (Chohans) before I can

give My assent to Their Individual Projects and to authorize Them to accept as chelas, unascended lifestreams, who can and will assist AT THIS TIME IN CREATING FOR MY BELOVED SON, THE ASCENDED MASTER SAINT GERMAIN, FREEDOM'S HOLY STAR.

I must fully understand the motive behind illumined faith and enthusiasm and fire of Beloved Master El Morya. I must know full well the capacity of transmitting God's Wisdom through Beloved Lapto and Confucius. I must understand and know fully the capacity and desire of loving life free through Beloved Paul, the Venetian. I must understand and know fully the capacity of that mighty Son of Fire, Serapis, to purify the lower vehicles of mankind and to stand by those upon whose breast He has written the words, "Candidate for the Ascension", so that I can give My permission for Him Who consecrates a portion of His life for that aim. I must understand and know the full capacity and power of feeling of the great Hilarion in His attempt, so successful, to remove all agnostics and their feelings from the peoples of Earth; the peoples who have been removed from the compound as well as His tremendous service directed through the medical profession.

I must know and understand the gracious Lady Nada, Who has loved enough through the aeons of time to have earned the place of Chohan of the Sixth Ray, administering to Life as She does and has done through the ages, selflessly loving life free. Under Charity, the Great Beloved Cosmic Being, Nada learned that lesson of selfless love. You have read about it and how that love blossoming forth through Her being and world did give impetus to the hidden talents within Her sisters and they became, on the world's screen, musicians and artists of note.

I must love and know, as I do with every fiber of My being, the vision of your great Chohan, the Ascended Master Saint Germain; the vision of the Golden Age upon this Earth as She becomes Freedom's Holy Star and towards which We have given you the right to embody; toward which We have sustained the very breath in your vehicle.

We have already experimented with the distribution of small grams of Prana through some elementals, four-footed creatures and those of the human kingdom. When there is Prana enough anchored in, through and around you, you will again experience the power of conscious levitation and precipitation and you will be able to say, as My Beloved Brother Jesus said long ago 'I have food to eat that ye know not of'.

First secure through the controlled use of the rhythmic breath (as presented to you in the Transmission Flame Classes) absolute control of your four lower vehicles. Then you are ready to receive more and more pure Prana as sustaining power in your service to God and to Ourselves.

We are releasing to you, every twenty-four hours, 2 grams of Prana. (10 grams = 0.3527 oz) Let Us see what you will do with that.

But were you filled with Prana before you have that full mastered control, dear hearts, you would sail right over the capital of Harrisburg and land perhaps in another State! That would not be kindness upon Our part, so We give to you each one, having tested your four lower vehicles for stability, a little Prana with your breath each day, and if you can accept that, well your breath you have seen on a cold day when it becomes steam-like and you know something of the natural breathing apparatus of your lungs, well Prana to breath is like fire is to water. That terrific DESCENT of the powerful currents of Prana through your physical, etheric, mental and emotional vehicles is an accelerating power. I know! For on that first Whitsuntide what brought I in the tongues of flame -THE GIFT OF PRANA- to those who had lost for a time their teacher Jesus and who had felt desolate without His Presence and required by the Paraclete in My humble Self, to come to give to them the courage to perform His works or the Father's works in His Name or that known as the Ascended Jesus Christ. No wonder it says in the few Biblical references that have not been incorrectly translated through the hands of all those scholars that embellished upon

the original text, no wonder it says that the disciples blessed in the Upper Room reeled down the streets and those looking upon them thought that they were drunken. They were filled with that Prana, Jesus had prepared for them a room until they could pull themselves together and He explained to them how to regulate the use of Prana with His own Name, the Ascended Jesus Christ.

Do you know that all during their ministry until the very last one of them were ascended or left the body, once every twenty-four hours either Jesus, Mary the Holy Mother, or John, the Beloved, had to gather in that Chamber of Consciousness with these disciples and later the Apostles to hold together that remembrance of the power of Prana and to project It.

Now Saul became Paul and went into Greece and there He did great works in the Name of the Ascended Jesus Christ, but He had the power of Prana alive within Him and the projected radiation of those that remained at Bethany. That is why I have been so interested in the establishment and sustaining of the Transmission Flame Classes just using the breath. Why? Because as you learn to concentrate on the transmission of certain statements carrying a certain quality, color and tone on your breath from city to city, and state to state, and across the great Oceanic body to the other physically embodied chelas, you make a permanent track of living Light which does encircle the world around. It grows wider and wider and wider until at the end of each Transmission Flame Class, with the assistance of Myself and the God Free Beings Who take up the weaker energies on the seaboard and direct them forward, it encompasses the planet in the gift and radiation of the power of Precipitation, Illumination and permanent Peace.

As you have learned, in thought, feeling, word and action how to consciously transmit your breath (in the Transmission Flame Classes) around the world, now you shall be prepared for your first lesson, which I give to you here... of Transmission of a PERFECT THOUGHT IMAGE.

Please visualize Me (The Maha Chohan). Upon your first endeavor, I see fourteen doves, of assorted size and wing spread, seven shafts of light, of different colors, varying from golden light to deep ruby in shade, three representations of Myself, as presented in the David Anrias Pictures, and ONE PERFECT THOUGHT FORM of Myself. Let Us endeavor to repeat this lesson. I shall give you a hint - "I Am" not wearing a turban today. Please place all your mental turbans out of your consciousness for this lesson. You are doing splendidly.

Now, you PROJECT THAT THOUGHT IMAGE OF MYSELF (combined of all your dear energies) through the use of telepathy across the Atlantic Ocean to Our Foci held so faithfully in Scotland, into the consciousness of My chela, Miss Agnes Mc Laughlin in Scotland. I shall tell you when It arrives. No, let us begin again. Face East and project that THOUGHT IMAGE OF MYSELF again across the Atlantic Ocean to Miss Mc Laughlin and let It expand until It enfolds the British Empire, all of Europe, Africa, Asia Minor, Asia (see all My chelas in Ceylon wondering why "I Am" passing by so often) Australia and the Pacific Islands, through Suva, into the Western Coastal Areas of South, Central and North America, Eastward through the Americas and Canada, blessing Our beloved chelas in Cuba and through every Bridge Foci throughout the World. You have really done a magnificent piece of Thought Transference for which I congratulate you. Please repeat It daily, as energy becomes power through use. You feel these mighty currents passing through your own blessed vehicles as the Presence of the Holy Spirit expands on this Sweet Earth and through all Her evolutions.

That is really magnificent, beloved ones, magnificently accomplished! You are deserving and I think I shall give you two grams of Prana within the next twenty-four hour period, but as We are all given a test, I am not going to tell you when I am going to give It, but it will be any time between now and within the twenty-four hours, so be careful when you start a-jumping

and ask your Holy Christ Flame every time you seize that, that you utilize it for the purification of yourselves and all those around you, in through and around you and ask for perfect harmony—ask your Holy Christ Flame for balance at that particular time because each of you will receive it at a different time.

The tiny elemental (carried to the Hall of Karma by the Seraphim) to which Beloved Morya referred on July 1st, did achieve audience with the Karmic Board. If such a tiny elemental can render this service for all the species of the Nature Kingdom, I ask you... 'What can you do for My beloved Son, El Morya' Make Him the happiest Man in Heaven by presenting your petitions in dignity on July 3, 1960.

His love and enthusiasm for you is so great, as you know, that it is only by Cosmic Law that I can give anyone else an opportunity to speak with you during these classes. He endeavors constantly to reach you with that loving Light which is His, because He says, "Just give Me one moment and I will tell them again about their requirements of holding that Bridge to Freedom by the tenacity of their spirit, their honor", and I say patiently: "Beloved Son, We too can emphasize that—that Bridge is built of Light from the hearts of Helios and Vesta and all the Suns and Sun Goddesses of the System. It is built of the Light in the hearts of the earnest and worthy chelas in the unascended realm as well". Sometimes He say, "I tell them but they get off on another story". But you must have more than one chapter to a book and that is why We give you the chapters of our own experiences. They vary but they are all divine feelings with the exception of our Beloved Mary, the Mother of Jesus Who has chosen to share with you some of Her experiences in Jesus' Life whereas She had to use the power of the Immaculate Concept especially during the crucifixion, the time on Golgotha Hill. She did that on purpose to show you that She too once was a woman; that She once walked the ways of Earth; that She too once loved a boy, a boy Who became magnificent and in the prime of His youth chose to give His body as a mass sacrifice so

that mankind could know that there is no death; that there is only Life Eternal and that all mankind would say as He did—"I AM, I AM, I AM THE RESURRECTION AND THE LIFE, and so shall it be for you, for your hearts have spoken. Thank you beloved. (audience rises.)

When you so respond as Beloved Hercules pointed out yesterday, your hearts have spoken, the Flame within your heart expands and It says, "Yes, oh yes, for this day have I waited that I, too, may be a radiating center for all the powers which I once knew and had with the Father before this world was". And so it is with you, each and every one, as you advance and gain progress in the magnitizing and externalizing of these Spiritual gifts of the Most High Living God through you for your benefaction and that of all Life will you know yourself, greater and greater Comfort and greater and greater Freedom from distress of every kind and every description.

I have served so long with the Nature Kingdom that I really do enjoy the wonderful obedience within that Kingdom to God's Holy Will. Do you realize how much energy and love is employed by the elementals in creating through the impure substance of the Earth, flowers, shrubs, food and foliage, to stimulate and keep alive the hope in the hearts of mankind? Create, as they do, using the Resurrection Flame which Jesus used, which I used before Him, Which everyone of you will one day use to attain your own Victorious Ascension, coupled, of course with the Ascension Flame, BEAUTY in, through and around you.

No longer remain embryonic Gods and Goddesses but BECOME manifest Gods and Goddesses -Sons and Daughters of Freedom- Sons and Daughters of Hercules -Sons and Daughters of El Morya and, if you should so desire, Sons and Daughters of the Holy Spirit Who ALWAYS BRING LASTING COMFORT TO ALL LIFE. I LOVE YOU, I LOVE YOU, I LOVE YOU". (Response by congregation: We love you (3).